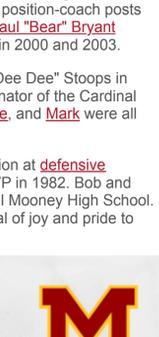




Cardinal Mooney High School CMHS



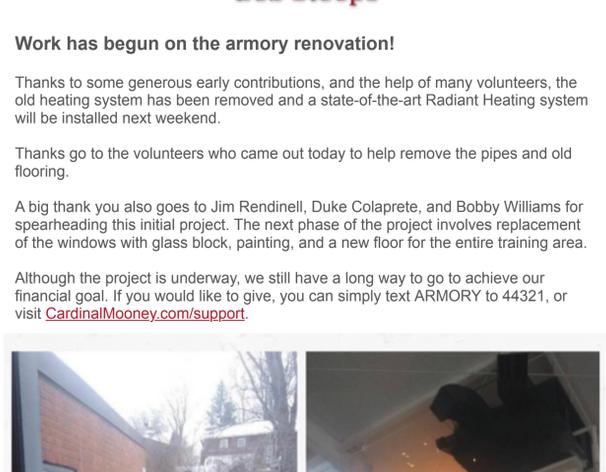
NOTES FROM THE ATHLETIC OFFICE



We would like to congratulate Bob Stoops for his recent induction into the College Football Hall of Fame. Bob was a 1978 graduate of Cardinal Mooney High School and the head football coach at the [University of Oklahoma](#) from 1999 until he announced his retirement June 7, 2017. During the [2000 season](#), Stoops led the Sooners to an [Orange Bowl](#) victory and a [national championship](#). Stoops most recently served as head coach and general manager of the [Dallas Renegades](#). Prior to coaching at Oklahoma, Stoops held various coordinator and position-coach posts at [Iowa](#), [Kansas State](#), and [Florida](#). Stoops was awarded the [Paul "Bear" Bryant Award](#) in 2000 and the [Walter Camp Coach of the Year Award](#) in 2000 and 2003.

Bob Stoops is one of six children born to Ron Sr. and Evelyn "Dee Dee" Stoops in Youngstown, Ohio. Ron Sr. was the long-time defensive coordinator of the Cardinal Mooney football team. Bob and his three brothers, Ron Jr., [Mike](#), and [Mark](#) were all coached by Ron Sr. at Mooney.

Stoops was a four-year starter, and one-time All-[Big Ten](#) selection at [defensive back](#) at the [University of Iowa](#). He was named Iowa's Team MVP in 1982. Bob and the entire Stoops family have been great supporters of Cardinal Mooney High School. It is a tremendous achievement and one that brings a great deal of joy and pride to the entire Mooney Family.



A LEGENDARY LEGACY

Bob Stoops

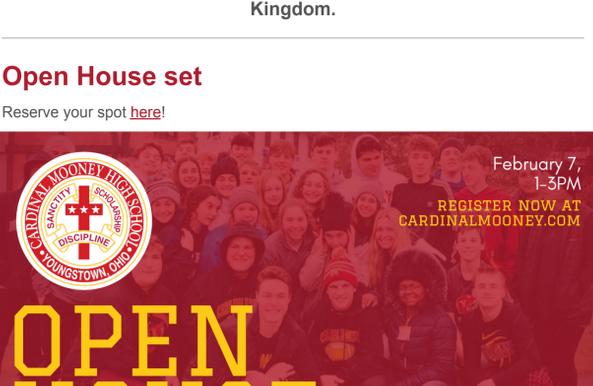
Work has begun on the armory renovation!

Thanks to some generous early contributions, and the help of many volunteers, the old heating system has been removed and a state-of-the-art Radiant Heating system will be installed next weekend.

Thanks go to the volunteers who came out today to help remove the pipes and old flooring.

A big thank you also goes to Jim Rendenell, Duke Colaprete, and Bobby Williams for spearheading this initial project. The next phase of the project involves replacement of the windows with glass block, painting, and a new floor for the entire training area.

Although the project is underway, we still have a long way to go to achieve our financial goal. If you would like to give, you can simply text ARMORY to 44321, or visit [CardinalMooney.com/support](#).



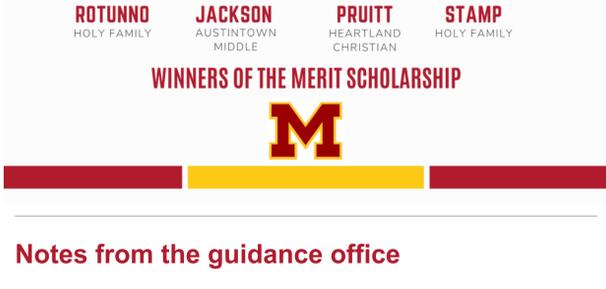
Gospel of St. Dominic

**May God the Father who made us bless us.
May God the Son send his healing among us.
May God the Holy Spirit move within us and
give us eyes to see with, ears to hear with,
and hands that your work might be done.
May we walk and preach the word of
God to all.**

**May the angel of peace watch over us and
lead us at last by God's grace to the
Kingdom.**

Open House set

Reserve your spot [here!](#)



February 7, 1-3PM
**REGISTER NOW AT
CARDINALMOONEY.COM**

Merit Scholars Announced

Earlier this year, Cardinal Mooney President, Thomas Maj, announced the formation of a new Merit Scholarship. Thanks to a generous donation, a renewable scholarship was created for incoming freshmen, who displayed a record of academic excellence.

Students also had to be involved in leadership activities and service to the community, church, and school.

After taking the HSPT test in November, a select group of students were interviewed by Mr. Maj. Students' scholarship will be renewed if they maintain a grade-point average of at least 3.5, an continue their service requirements.

We congratulate the winners, and welcome them to the class of 2025!

CARDINAL MOONEY HIGH SCHOOL

PROUDLY ANNOUNCES

| | | | |
|---|---|---|--|
| GARRETT BOGAN <small>ST. NICHOLAS</small> | VINCENT FOSTER <small>ST. CHARLES</small> | AIDAN HYRB <small>HOLY FAMILY</small> | |
| SAMANTHA ROTUNNO <small>HOLY FAMILY</small> | JABRIL JACKSON <small>AUSTINTOWN MIDDLE</small> | SPENCER PRUITT <small>HEARTLAND CHRISTIAN</small> | AIDAN STAMP <small>HOLY FAMILY</small> |

WINNERS OF THE MERIT SCHOLARSHIP

M

Notes from the guidance office

IMPORTANT PSAT REMINDERS FOR TUESDAY, JANUARY 26

SOPHOMORES and JUNIORS are to report for testing at 8:00 a.m. Students will take the test, have lunch, and be dismissed.

FRESHMAN and SENIORS will work remotely on assignments/projects assigned to them by their teachers.

PSAT Information for 10th and 11th grade students and parents

Parents, an email was sent to all 10th and 11th grade students detailing the PSAT plans. Please ensure that your child reads that email and the attached documents so he/she knows what room to report to, what to bring, etc.

Overview:

- Arrive at their regularly scheduled times.
- Report to scheduled classroom as stated in email documents
- Must be in normal uniform
- Bring approved calculator (detailed document sent in email)
- If you do not have a calculator, we can provide one.
- Bring two #2 pencils - non mechanical
- May bring a bottle of water
- Lunch will be provided around noon after testing is completed
- Phone and smart watches will be powered off and collected by the proctor for test security. They will be returned after the test is completed.

College Credit Plus (CCP)

If you were unable to attend the zoom meeting for information regarding CCP, and you are interested in your student participating, please use this link to view the state slideshow.

[CCP slideshow of information](#)
[YSU CCP Information Night 2021-2022 School Year](#)

If you and your student decide he/she wants to participate in CCP, be sure to send his/her name to either Mrs. O'Neill or Miss Marshall so you continue to get more information and stay up to date on deadlines.

Miss Marshall (last names A-K) hmarshall@cardinalmooney.com
Mrs. O'Neill (last names L-Z) donelli@cardinalmooney.com

ACT FREE PREP MATERIALS

[ACT.org](#)
[Kaptest.com](#)
[Test-Guide.com](#)
[PrepScholar](#)

2021 Important dates

| DATE | EVENT | NOTES |
|---------------------------|--------------|-----------------------|
| Jan. 26 8am - noon | PSAT / NMSQT | Sophomores & Juniors |
| Feb. 23 8am - noon | ACT / PreACT | Juniors / Sophomores |
| March 9, 10 8am - noon | IOWA testing | Freshmen & Sophomores |



| | | |
|--------------------|---|---|
| Feb. 18 | CCP Application day (For those wanting to do CCP through YSU. If you want to do CCP through another college, the application would be through that college's website.) | Students will receive a time slot from the counselors to apply during the school day with a YSU representative assisting virtually. |
| March 22 6-7 pm | Application for Financial Aid (This is the only way that the CCP courses will be free. Otherwise you will have to pay a discounted tuition price to the college.) | Parents (virtually) |

Speech & Debate

CARDINAL MOONEY 2021



- Sarah Owens - 3rd - Lincoln Douglas
- Maureen Baker - 1st - United States Extemp
- Mitchell Bogan - 4th - United States Extemp
- Millie Heschmeyer - 3rd - Drama Interpret
- Sophia Sdragas - 5th - Lincoln Douglas
- Sherlock (Gunn) Jung - 5th - Declamation
- Nick Pregibon - 6th - International Extemp

The Cardinal Mooney Speech & Debate team placed the season-high seven students in the first virtual tournament the program has ever hosted.

Defending district champion, Maureen Baker, paced the team with another tournament-winning performance. She placed first in United States Extemporeaneous. Sophomore Mitchell Bogan wasn't far behind; he placed fourth in U.S. Extemp.

Our Lincoln Douglas Debate contingent once again scored the most points in the tournament. This week, it was paced by two sophomores, Sarah Owens and Sophia Sdragas, who placed third and fifth, respectively.

Junior Millie Heschmeyer took the third spot in Dramatic Interpretation. In Declamation, "Sherlock" Jung made his first appearance in the top competitors by claiming the fifth spot.

Rounding out our top performers of the day was freshman Nick Pregibon, who placed sixth in International Extemporeaneous.

The team only has one more regular-season tournament before the qualifying tournaments. Keep up the great work!

This post appears on Instagram via [CardinalMooneySpeechAndDebate](#)
Designed by sophomore, Mitchell Bogan

CMHS Cookbook in the works

The Cardinal Mooney Alumni Relations Committee is excited to announce the 2021 Mooney Family Cookbook. It has been more than 30 years since we came together to create a wonderful collection of our Family's favorite recipes.

As Catholics, gathering around the table of the Lord is our central act of worship. Food and faith are intertwined into our social and spiritual tapestry. Through food we are able to share our culture, heritage & traditions. Making food together opens our hearts to each other. Food unites us, inspires us and encourages us to get back in the kitchen and around the table.

Join us — we need your help!

Especially over this past year, we have all been rethinking cooking. Coming together in meaningful and fun ways to cook and bake together ... so, let's share our creations!

During the month of February, we will collect your recipe submissions ... so, send more than one! We will work to organize and streamline submissions. Our goal is to have the book ready by late April/early May!

If you have any questions, please contact Kim Simons Cox at kimberlycox89@gmail.com.

FIRST SINCE '87 CARDINAL MOONEY FAMILY COOKBOOK

IT'S BACK!

The Cardinal Mooney Alumni Relations Committee is excited to announce the 2021 Mooney Family Cookbook. It has been more than 30 years since we came together to create a wonderful collection of our Family's favorite recipes. Now is the time to restart this tradition.

SPECIAL SECTIONS

- Appetizers and Small Plates
- Main Courses and Large Plates
- Tailgating To Remember
- Holiday Traditions
- The Youngstown Cookie Table
- Crockpots, Instapots and Air Fryers
- Embracing our Culture & Heritage
- Having fun with Mixology

WE NEED YOU

During the month of February we will collect your recipe submissions, so send more than one! We will work to organize and streamline submissions. Our goal is to have the book ready by late April or early May!

WHAT'S NEXT?

Watch for announcements in the next few weeks with recipe submission and cookbook pre-order forms. In the meantime if you have any questions, please contact Kim Simons Cox at kimberlycox89@gmail.com.

School notes

Free and Reduced School Meal Applications are available on our website for the 2020-2021 school year. We encourage all eligible families to fill out the application in order to be ready to resume the Free and Reduced School Lunch program in January 2021 and for other qualifying purposes.

CAFETERIA NOTES — Mooney families can access important cafeteria information, including this week's menu [here](#). For any questions, please contact Lori Radinsky at LRadinsky@youngstowndiocese.org or by phone at (330) 788-5007, ext. 123.

Help while you shop

Earn money for Cardinal Mooney every time you shop at Rite Aid. [Sign up](#) and get started.

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to **Cardinal Mooney High School** whenever you shop on AmazonSmile.

AmazonSmile customers can now support Cardinal Mooney High School in the Amazon shopping app on iOS and Android mobile phones! Simply follow these instructions to turn on AmazonSmile and start generating donations. Open the Amazon Shopping app on your device. Go into the main menu of the Amazon Shopping app and tap into 'Settings' Tap 'AmazonSmile' and follow the on-screen instructions to complete the process.

All you need to do is start your shopping at smile.amazon.com. The donation will be made at no extra cost to you!

Community resources

COMMUNITY LEGAL AID SERVICES: If you're having issues with your unemployment claim, legal aid may be necessary. Call 1-800-998-9454 for information.

WRTA: All rides are free through June 2021, but masks are required. Call (330)941-5789 for more information about the route.

FINANCIAL HELP is available for Mahoning County residents behind on rent, mortgages, and utility bills starting Nov. 2. Call MYCAP 330-747-7921 ext-1177.

MYCAP is now paying first month rent, security deposit and mortgage payments. Call MYCAP and leave a message. Ex: 1177

Youngstown Neighborhood Development Corp is accepting applications for emergency home repair at no cost. Call 330-480-0423 for information.

Free Food Program for Children at Newport Library and Michael Kusalaba Libraries Monday through Thursday from 2 p.m. to 6, and Friday through Saturday from 2 p.m. until 6.

COVID Careline: Call 1-800-720-9616. Help is available 24 hrs per day, seven days a week.

First United Methodist Church: Drive-thru dinner continues first and third Thursdays of each month from 5 until 7 p.m.. It is open to the public

LaFrance Cleaners: If you are unemployed and need an outfit cleaned for an interview, they will clean it for free.

YNDC: Accepting applications for emergency home repair to assist low income homeowners with furnace and plumbing repairs. Call 330-480-0423

Youngstown City Schools Food Distribution will be from 11 a.m. until 2 on Wednesdays beginning this week. The distribution sites remain the same: East, Chaney, Martin Luther King, Paul C. Bunn, Harding, Volney, Williamson, and Wilson.