

Cardinal Mooney Family Cookbook Submission Form

Please check	which category your	recipe falls intomo	re than one can be listed:	
	Crockpots, Instapots Embracing Our Cultu Having Fun with Mix	lates lber town Cookie Table/De s & AirfryersOh my! ire & Heritage ology		
kecipe i itie:	:	Ingredients		
Please use these abbreviations: c., tsp., Tbsp., pkg., qt., pt., oz., lb.				
Method Prep Time: Cook Time: Oven Temp:				

		Heart Healthy:
Submitted by:		
	enter your name as you wish it	
Please share why	this recipe is important to you	r family:
	others why we need to give t	avorite local restaurant! Let's remind them our business!