Cardinal Mooney High School CMHS

FROM THE PRESIDENT'S DESK

WEEK OF JANUARY 31, 2021

Let us remember Cardinal Mooney's mission as we begin Catholic Schools week

Dear Parents:

Two weeks ago, we laid out a time frame for re-enrollment. Thank you to the many who have already re-enrolled for the 21-22 academic year.

The news continues to track COVID cases, public trust, and the perceived impact of both on quality education. I'm proud of our faculty, staff, and students for their courage, perseverance, and achievements — evidenced by second quarter honor roll, success of Speech and Debate, and with more students returning for an in-person experience.

Thank you to those who responded to our survey. Cardinal Mooney must emerge from the post-pandemic world stronger and smarter. The reality is we need to improve quality while we continue to be good stewards. We need to differentiate ourselves in the marketplace and make Cardinal Mooney a destination institution. Our Board of Directors have entrusted school principal Dr. Mary Anne Beiting and I with the task of leading substantive conversations and working with groups on how Cardinal Mooney can differentiate itself and lead in providing quality college preparatory education in the Mahoning Valley. Our administration, working with faculty, has begun planning for next school year. There is a lot of work to be done, and I acknowledge while this is an exciting opportunity for me and others, it can be unnerving for some. My charge is not to create anxiety but to inspire us to be better — and to do better. Your responses to our survey support that direction.

Cardinal Mooney is stronger today than a year ago, but the reality is, like others, we face declining potential student population and increased competition amid a flat economy. This is not something COVID has caused, but COVID has confirmed what we already knew. When you consider what is happening in the area and around the nation, as I have observed in an earlier bulletin, there has never been a more pivotal time for this most important institution.

COVID has altered the national landscape to a degree unseen in our lifetime. Meanwhile, the nature of what is expected of us and what we are capable of, continues to evolve. In an era when the sum of world's knowledge can fit in an iPhone, parents throughout the area are questioning remote learning.

In August, Cardinal Mooney took a different path. In the realization that technology allows us the ability to pivot toward online education if necessary, we were opened up to the idea that our contributions become more vital, not less, in an information and knowledge age. Heavy investment in our tech infrastructure made us agile, but it also revealed the fact that we are valued because we have values. We are valued because, even if schools can go remote, we hold onto the knowledge that students still need thought, vision, reason, music, poetry, and art. We are valued because we offer a treasured glimpse into our human core. We open windows to creativity … and we offer new truths for students who come to us likely never having seen discovery with their own eyes.

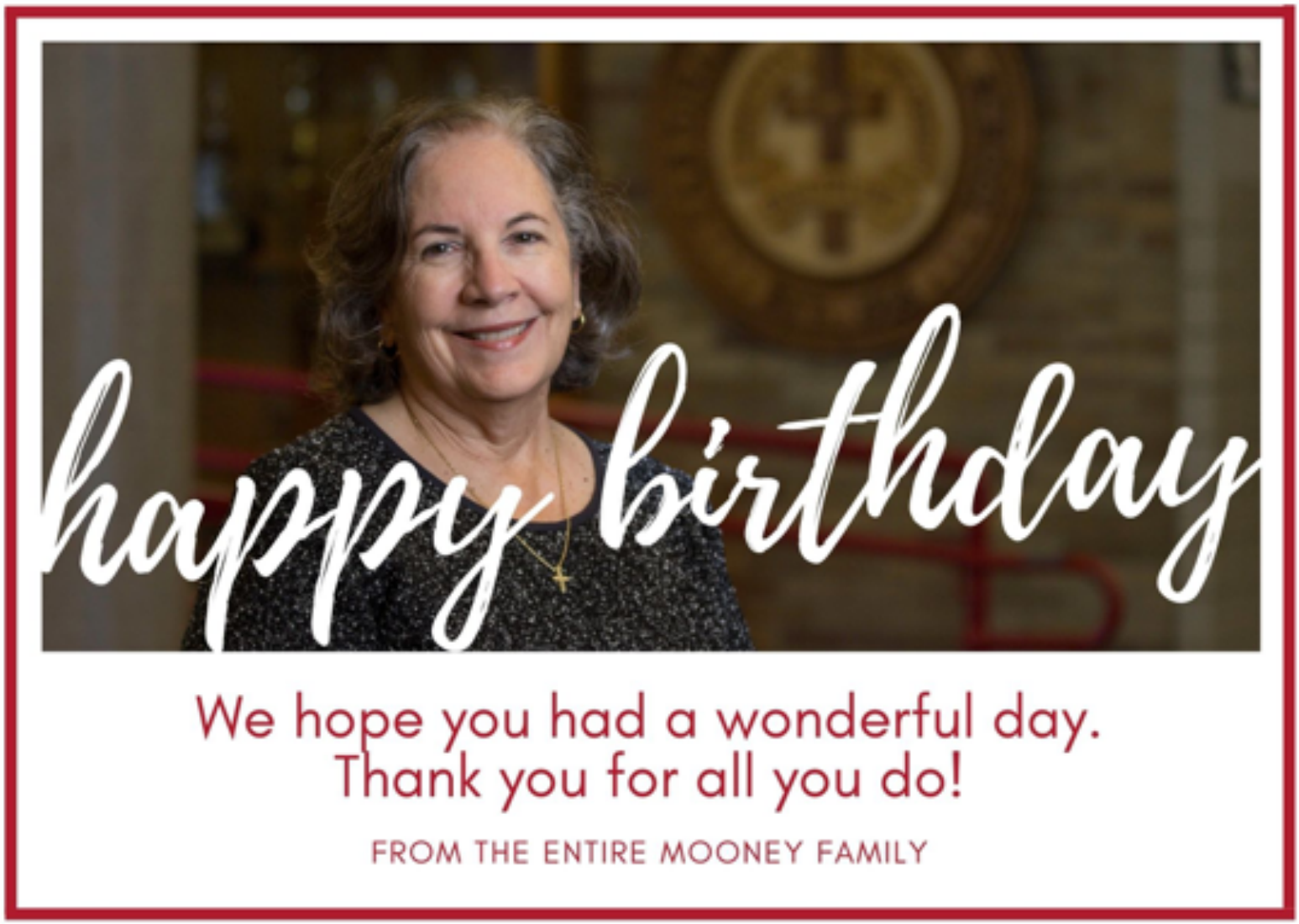
We opened in-person last August in a time when there are many who believe Catholic schools are "out of step" … out of step with those wanting to build a new social order … out of step with those who believe consumers have no rights in the educational marketplace, and that there is no room for religion. There are forces that believe the false notion that religion is not a serious intellectual approach to life.

Contrary to our worldview, there is an idea wedded to the doctrine that the test of truth is its ability to win acceptance by the majority. Economically it is egalitarian; politically it is majoritarian; emotionally it is infatuated with the State. Educationally, it trains for the above.

From the moment Pope John Paul II stepped out onto the balcony in St. Peter's Square, he defined our mission as Catholics by proclaiming "Be Not Afraid! Open up, no; swing wide the gates to Christ. Open up to his saving power the confines of the State, open up economic and political systems, the vast empires of culture, civilization and development … Be not afraid!"

As we head into Catholic Schools Week, we celebrate and acknowledge that being “out of step” means we do not leave behind the heart and the self and the soul. In acknowledging and celebrating Catholic Schools week, we recommit to forming students in their faith, their intellect, and their imagination.

We are hosting a second Open House on Feb. 7th, please join us by inviting your neighbors and friends to visit and to learn why Cardinal Mooney is more vital today than ever.



From all of us in the Mooney Family, we would like to wish a very happy birthday to our principal, Dr. Mary Anne Beiting! Thank you for your dedication to Cardinal Mooney High School!

We greatly appreciate your love for our students, and your daily commitment to enriching their education and experience at Cardinal Mooney. We are blessed to have you as our principal!

Catholic Schools
Learn. Serve. Lead. Succeed.

FEBURARY
1 - 5
2021

CARDINAL MOONEY HIGH SCHOOL
SANCTITY SCHOLARSHIP DISCIPLINE
YOUNGSTOWN, OHIO

Catholic Schools Week 2021 is finally upon us. Cardinal Mooney has a full week's worth of activities and service planned to celebrate our students, families and staff. The week will end with our Open House on Sunday, February 7 from 1 until 3 p.m. Please refer to the calendar below for a list of activities.

MONDAY

We are the Mooney Family because of our students, both past and present. The day will begin with a special prayer for knowledge. Students are invited to dress down and wear their favorite hat as we kick off Catholic Schools Week with "Hats Off to Catholic Schools." Please make sure your hats and/or clothing do not have any political or inappropriate sayings on them. A special Cardinal Prize Patrol will award prizes throughout the day.

TUESDAY

Let's celebrate our nation. We are truly "One nation under God." On Tuesday, we will begin with a special prayer and students are invited to dress in their best red, white, and blue outfits. Please remember no political or inappropriate slogans, and do not bring flags to school. Students and staff will be treated to free Cocca's nutella pizzas during their lunch periods. The cafeteria will sell this yummy treat in the near future.

WEDNESDAY

Today, we celebrate our administration, teachers, staff, and volunteers. They are the core of who we are as a school community. We are forever thankful for their time and dedication to Catholic education. We will begin the day with a special prayer. Teachers and staff will be given a special treat bag to show our appreciation to their dedication, and all teachers and staff are allowed to dress down on their special day.

THURSDAY

Thursday, we celebrate vocations. It is important for our students to recognize and use their God given talents. At Cardinal Mooney, we want them to be open to God's call in their lives. We will begin with a special prayer about our call to vocations. Students are encouraged to wear an outfit that represents the career path they are interested in. This could include how they would dress for their future career, military gear (if that is something that they are interested in) or even a shirt or sweatshirt that represents a college or university they might want to attend. Students and staff will be treated to a free famous Mooney chocolate chip cookie during their lunch periods. These cookies will soon be sold again!

FRIDAY

On this day, we will celebrate our community. Cardinal Mooney will be creating a Neighborhood Food

Pantry. We will stock the pantry with non-perishable food items for members of our school, as well as neighborhood communities to take as they need. In an effort to stock our pantry, students and staff will be invited to have a spirit dress down day. The cost for this day is one non-perishable food item. A list of suggested items can be found below.

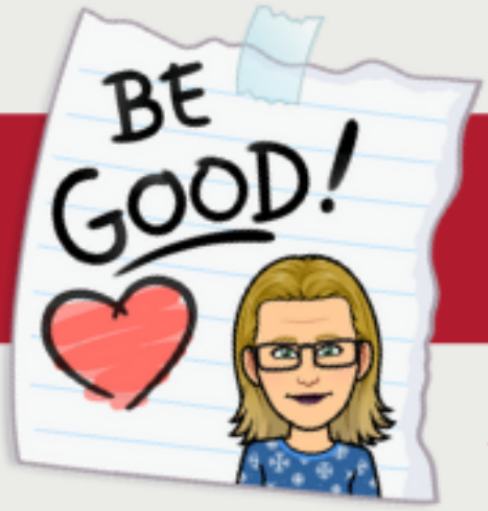
- Canned vegetables and legumes: green beans, peas, corn, beets, tomatoes, kidney beans, garbanzo beans, navy beans, etc.
- Canned tomato/pasta sauceDry oatmeal or other dry cereals
- Cooking oil
- FlourSugar
- Dry spaghetti and other pastas
- Rice
- Canned tuna or other fish products
- Soups and brothsBeef stew
- Canned chicken or other meats
- Mayonnaise
- Instant Mashed Potatoes
- Corn meal
- Biscuit mix
- Dry beans, split peas
- Peanut butter
- Crackers
- Applesauce
- Fruit (canned or dried)
- Granola bars

Gospel of Mark

**All were amazed
and asked one another,
"What is this?
A new teaching with authority.
He commands even the
unclean spirits and they
obey him."**

Open House set

Reserve your spot here!



CADDY'S CORNER

A MESSAGE FROM OUR DEAN OF STUDENTS,
MRS. JANET CADMAN

- During the winter months, if your student is late to school and they are driving, we are now asking them to not park in the tennis court lots when it is snowing outside. They are to park in the main student parking lot. The nurse will meet them at the door to do their wellness check. Thank you for your cooperation. Students, please remember that you are not permitted to text your friends to have them open any of the outside doors for you.
- A few dresscode reminders for students: The only crew neck and hooded sweatshirts are permitted are Cardinal Mooney ones. All jackets, including letterman jackets, are to be stored in the lockers. Yoga pants/leggings are still not permitted to be worn at any time. If there are any dress code concerns, please contact Mrs. Cadman.

- If you are a remote student, please remember that school begins at 8:00 a.m. All cameras and microphones have to be on. You are expected to be participating in class. If you will not be in class, your parents are still required to call in to the main office to report you absent.
- A friendly reminder from the main office: If your student is leaving early, please have the student drop a note off in the main office before 8 a.m. They can pick up their early dismissal slip after the first period. Unfortunately, we are not able to accept phone calls for students leaving. If a student would need to leave, please email the dismissal to jcadman@cardinalmooney.com.
- It is very important that your student arrives on time for school. The warning bell is 7:55 a.m. and the tardy bell is at 8 a.m. We are noticing more students that are arriving late to school. Please call the office if your student will be late.
- If you are having any trouble with your Chromebook or Chromebook charger, please see Mrs. Cadman in the main office. Just remember, the Chromebook you are using is your responsibility. Please take care of your Chromebook. Make sure you are carrying it in your backpack and it is charged for the day.
- If you or your student is having any trouble logging into Powerschool, please send an email to jcadman@cardinalmooney.com.
- If you are having internet issues, the public library has a limited amount of free personal hotspots to rent — all you need is a library card. You are able to rent them at all Mahoning County libraries, but the main branch downtown is the only one that has them onsite. The main branch is on 305 Wick Ave., 44503, (330) 744-8636

Information on the Wifi Mobile Hotspots: WiFi Mobile Hotspot devices can be borrowed from the Public Library of Youngstown & Mahoning County to bring wireless Internet access to those without a home connection, or those who need to gain access in unconnected areas. Each hotspot allows for a connection of up to 10 devices at a time. The loan period is seven days.
• Limit: 1
• Fine: $3 per day
• All customers are responsible for fines (including Senior Cards).
• Replacement cost: $150.
• Do not place in Book Drop or Media Drop. Remember … patrons are responsible for the safety and return of Mobile Hotspot devices.
• For adult cardholders in good standing
• Visit the circulation desk to check out a mobile hotspot device.

Keep up the good work in and out of the classroom students! Keep your grades up, do your best work, and have a wonderful week! Smile and make a new friend everyday!
- Mrs. Cadman

Athletic Director for Advancement, and Head Football Coach Carl Pelini has reported that work on The Armory renovation is proceeding fast! Thanks to generous early contributions, a state-of-the-art facility is emerging every day.

Much work still remains, so please keep the help coming.

Your dedication is essential to pushing the Cardinal Mooney student athlete into the future of training and development.

The work our student-athletes have done to earn every victory in our history was paid for with legendary practices and work ethic. Because of you, we are able to make sure that part of our story lives on for years to come.

You can also contribute here.

Thank you very much!

Notes from the guidance office

2021 Important dates

DATE	EVENT	NOTES
Feb. 23 8am - noon	ACT / PreACT	Juniors / Sophomores
March 9, 10 8am - noon	IOWA testing	Freshmen & Sophomores

YOUNGSTOWN STATE UNIVERSITY
College Credit Plus Program

Feb. 18	CCP Application day (For those wanting to do CCP through YSU. If you want to do CCP through another college, the application would be through that college's website.)	Students will receive a time slot from the counselors to apply during the school day with a YSU representative assisting virtually.
March 22 6-7 pm	Application for Financial Aid (This is the only way that the CCP courses will be free. Otherwise you will have to pay a discounted tuition price to the college.)	Parents (virtually)

COVID/Quarantine/Vaccine update

Managing COVID and related issues continues to be a fluid concern of ours. We're hopeful that vaccines get us closer to "normal" yet understand we have a long way to go.

Today we have one positive staff case to report to you.

Vaccine update

On Wednesday, Mooney faculty and staff are being vaccinated. We will receive the first dose of the Moderna vaccine. It's my understanding that Moderna and Pfizer are found to be similarly safe and effective.

What we believe is this: There is some protection from the first shot, and more after the second. The second is believed to provide longer-lasting protection.

It takes time for our bodies to build protection after any vaccination. The effects, we're led to understand, begin showing within two weeks.

Timing is the key to many of yours and our COVID questions, and guidelines are continually being updated.

COVID context
I would like to address timing and antibody testing as it relates to students being in school and active in extracurricular activity.

Mooney administration is in daily contact with our Health Department and area health experts, and also receives updates from the CDC, State of Ohio and its governing agencies. The following is our best interpretation since I don't claim to be an expert on viruses and pandemics. Again, though, we have consulted with those experts and follow their guidance.

COVID is a respiratory virus meaning that it infects via attaching to, and infecting, nasal and lung cells. Like other respiratory viruses, COVID passes from person to person through relatively close contact and mainly through transmission via small (aerosolized) water droplets. Larger droplets don't travel very far with gravity limiting how long they stay airborne. Though possible, becoming infected from viruses on surfaces remains a minor source. An important contrast with season flu is that a vaccine is usually ready and available well before the disease is widespread. It's remarkable how quickly our researchers have developed many vaccines. Developing these in response to the outbreak is what made COVID "novel" and so we acted with an abundance of caution. The relative infectivity rate, virulence, and seriousness further supported and supports our approach to protecting students, their families, faculty and staff.

COVID has not been a locally contained issue like most viral breakouts but is a true global epidemic (pandemic). It is extremely virulent, generally more so than the flu, and doesn't present symptoms as fast but tends to last longer than a typical flu. Since COVID is a respiratory virus staying focused on physical distancing has been and remains important.

Quarantine/terms/timing
It's important for me to reiterate that in order to best protect our community both inside of school and outside of school we must rely on experts and advice for matters we're not educated or trained in. It's easy to criticize the effects of our decisions on an individual basis, yet it is in the aggregate where we focus. We have been remote eight days since opening in Aug. Our average daily rate of attendance has been approximately in the 85% range with the notable exception of the days bookending Thanksgiving break when we had over 100 remote students.

As we learn, we apply that knowledge to our decisions. Combine those with new guidelines and we see a resulting number of students remaining or returning to in-person. We have permitted based on guidance we received positive antibody tests to be used for returning quarantined students to school. Let me comment on that briefly because it's important for our families to understand what these tests measure or don't measure. I can't say it enough, that I claim no expertise and thus advise you to consult with your family doctor.

Antibody and/or antigen tests
Antigen tests for the actual virus. Antibody tests the body's immune response. Antibody tells us whether someone may have had COVID in the past. The CDC says that it should not be used for diagnosis presumably because antibodies take time to develop after infection.

Going forward, per the health department, we cannot accept antibodies testing to reduce quarantine times.

What is ISOLATION or QUARANTINE, and can either be reduced through COVID testing?
At this time, if someone tests positive for COVID, s/he must ISOLATE for 10 days. Generally the time period begins within a day or two of the start of symptoms. On the 11th day, the person may return to school and activities outside the home, excluding sports, provided symptoms have cleared. However, since a 14-day isolation period is required for sports, the person may only return to sports on day 15 after having completed a myocarditis/return to play exam documented by a physician. These isolation times cannot be reduced.

If someone is exposed to a positive case and QUARANTINES, s/he must quarantine for 10 days and may return to school and activities, excluding sports, on day 11. Someone who is quarantining may choose to take a COVID test on day 7. If the results are negative, the person may return to school and activities with a copy of the negative test results. However, since a 14-day isolation period is required for sports, the person must continue to quarantine through the 14th day and may return to sports on day 15.

If we know for sure a person had tested Positive for COVID and we have proof of the dates, that person has a 90 day period in which quarantine is not required.

Our goal is health and safety for the whole community.

Speech & Debate

YOUNGSTOWN FINALE

2021

Laura Baldaldo - 5th - International Extemp
Elijah Williams - 7th - Original Oratory
Millie Heschmeyer - 1st - Drama
Nick Pregibon - 4th - International Extemp
Maurren Baker - 2nd - United States Extemp
Mitchell Bogan - 3rd - United States Extemp
Olivia DeCesare - 3rd - Lincoln Douglas
Marek Torma - 6th - International Extemp
Sarah Owens - 7th - Lincoln Douglas

In its regular-season finale, the Cardinal Mooney Speech & Debate team turned in one of its best performances of the year.

On Saturday, the team came in third in the overall standings, and placed seven students.
In dramatic interpretation, junior Millie Heschmeyer earned another tournament championship.

The team's only senior, Maureen Baker, locked up first place in regular season district standings with a second-place finish in United States Extemporaneous. She is the defending district champion.

Junior Olivia DeCesare also nailed down the district's top spot by placing third in Lincoln Douglas Debate. She finished the day a perfect 3-0 in her debates.

Both Baker and DeCesare are defending district champions, and will defend their titles in two weeks at the National Speech and Debate Northern Ohio Tournament.

Right behind Baker was sophomore Mitchell Bogan, who placed third in U.S. Extemp. The team was also well-represented in International Extemporaneous. Freshman Nick Pregibon placed fourth, while fellow freshmen Laura Baldado and Marek Torma placed fifth and sixth, respectively.

The team also got points from freshmen Elijah Williams (seventh in Original Oratory), Aliya Meriwether (seventh in U.S. Extemp), and sophomores Sarah Owens (seventh in Lincoln Douglas Debate) and Gun “Sherlock” Jung (seventh in Declamation).

Next up for the team is the Youngstown District Tournament, which is the state qualifying event, next week.

Good luck, Cardinals!

This post appears on Instagram via **CardinalMooneySpeechAndDebate**
Designed by sophomore, Mitchell Bogan

CMHS Cookbook in the works

The Cardinal Mooney Alumni Relations Committee is excited to announce the 2021 Mooney Family Cookbook. It has been more than 30 years since we came together to create a wonderful collection of our Family's favorite recipes.

As Catholics, gathering around the table of the Lord is our central act of worship. Food and faith are intertwined into our social and spiritual tapestry. Through food we are able to share our culture, heritage & traditions. Making food together opens our hearts to each other. Food unites us, inspires us and encourages us to get back in the kitchen and around the table.

Join us — we need your help!

Especially over this past year, we have all been rethinking cooking.
Coming together in meaningful and fun ways to cook and bake together ... so, let's share our creations!

During the month of February, we will collect your recipe submissions ... so, send more than one! We will work to organize and streamline submissions. Our goal is to have the book ready by late April early May!

If you have any questions, please contact Kim Simons Cox at kimberlycox89@gmail.com.

Committee is excited to announce the 2021 Mooney Family Cookbook. It has been more than 30 years since we came together to create a wonderful collection of our Family's favorite recipes. Now is the time to restart this tradition.

SPECIAL SECTIONS

-Appetizers and Small Plates
-Main Courses and Large Plates
-Tailgating To Remember
-Holiday Traditions
-The Youngstown Cookie Table
-Crockpots, Instapots and Air Fryers
-Embracing our Culture & Heritage
-Having fun with Mixology

collect your recipe submissions, so send more than one! We will work to organize and streamline submissions. Our goal is to have the book ready by late April or early May!

WHAT'S NEXT?

Watch for announcements in the next few weeks with recipe submission and cookbook pre-order forms. In the meantime if you have any questions, please contact Kim Simons Cox at kimberlycox89@gmail.com.

School notes

Free and Reduced School Meal Applications are available on our website for the 2020-2021 school year. We encourage all eligible families to fill out the application in order to be ready to resume the Free and Reduced School Lunch program in January 2021 and for other qualifying purposes.

CAFETERIA NOTES — Mooney families can access important cafeteria information, including this week's menu here. For any questions, please contact Lori Radinsky at LRadinsky@youngstowndiocese.org or by phone at (330) 788-5007, ext. 123.

Help while you shop

FUNDRAISING

Earn money for Cardinal Mooney every time you shop at Rite Aid. Sign up and get started.

amazonsmile

You shop. Amazon gives.

- Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to **Cardinal Mooney High School** whenever you shop on AmazonSmile.

AmazonSmile customers can now support Cardinal Mooney High School in the Amazon shopping app on iOS and Android mobile phones! Simply follow these instructions to turn on AmazonSmile and start generating donations. Open the Amazon Shopping app on your device. Go into the main menu of the Amazon Shopping app and tap into 'Settings' Tap 'AmazonSmile' and follow the on-screen instructions to complete the process.

All you need to do is start your shopping at smile.amazon.com. The donation will be made at no extra cost to you!

Community resources

COMMUNITY LEGAL AID SERVICES: If you're having issues with your unemployment claim, legal aid may be necessary. Call 1-800-998-9454 for information.

WRTA: All rides are free through June 2021, but masks are required. Call (330)941-5789 for more information about the route.

FINANCIAL HELP is available for Mahoning County residents behind on rent, mortgages, and utility bills starting Nov. 2. Call MYCAP 330-747-7921 ext-1177.

MYCAP is now paying first month rent, security deposit and mortgage payments. Call MYCAP and leave a message. Ex: 1177

Youngstown Neighborhood Development Corp is accepting applications for emergency home repair at no cost. Call 330-480-0423 for information.

Free Food Program for Children at Newport Library and Michael Kusalaba Libraries Monday through Tursday from 2 p.m. to 6, and Friday through Saturday from 2 p.m. until 6.

COVID Careline: Call 1-800-720-9616. Help is available 24 hrs per day, seven days a week.

First United Methodist Church: Drive-thru dinner continues first and third Thursdays of each month from 5 until 7 p.m.. It is open to the public

LaFrance Cleaners: If you are unemployed and need an outfit cleaned for an interview, they will clean it for free.

YNDC: Accepting applications for emergency home repair to assist low income homeowners with furnace and plumbing repairs. Call 330-480-0423

Youngstown City Schools Food Distribution will be from 11 a.m. until 2 on Wednesdays beginning this week. The distribution sites remain the same:
East, Chaney, Martin Luther King, Paul C. Bunn, Harding, Volney, Williamson, and Wilson.

Home Energy Assistance(HEAP) helps eligible low-income Ohioans to hear their homes by providing one-time payment on a heating bill
800-282-088- or energyhelp.ohio.gov

Emergency Rental Assistance: MYCAP re-opens applications on Feb. 1. Please call 330-747-7921 for information.

Free Dental Care given to children without insurance on Feb. 26. Call 330-545-2000 to reserve an appointment with Dr. Paul Bertolasio (26 E. Wilson Ave., Girard, 44420).